

## Sex: Catching Feelings

If I have to hear another one of my girlfriends ask me “Why hasn’t he called yet?” I am literally going to rip my head off so I will not have to acknowledge or comment on such a mindless matter. My first response to this question is always “Well, why did you have sex with him?” If the reason isn’t just simply “because I was horny” then I can’t go on with the conversation anymore. Do NOT have sex with someone if you have underlying motives and unrealistic expectations, it’s just not going to do you any good.

Men have sex because it feels good – simple as that. They don’t do it because they have low self esteem, they’re feeling needy, they want attention, they need someone to cuddle with, or talk to or pass time with, men do it out of pure physical satisfaction. Now, if women could just get their heads wrapped around that notion, they could be saving themselves a lot of wasted thoughts.

Too many people engage in sex term romance like we’re in an novel. First off, know what you’re possibly looking for some kind of you. Women, most women, the first sexual encounter. Studies the same partner at least eight With that being said, sex is not will, however, put you on his

Society has put upon women the desires, whereas men are allowed it’s okay to want more money, and not to forget to get laid Women are inherently torn and respectability, recklessness With all of those difficult issues to women can focus so much time want to love someone and be in a giving on both sides? But we can’t alone. That’s called developing a



with the hope of fostering some long-outdated version of a Harlequin intentions are. If you are even relationship, then casual sex is not for develop feelings or attachment after say that it takes men having sex with times before they develop feelings. going to make a guy like you more. It radar for those feel good moments.

difficult task of tempering their to do what feels good. Men know that more power, be stronger, be faster, somewhere in between all that. between career and family, romance and constraint, pushing and pulling. deal with, I don’t even know how into men. Of course, who doesn’t respectable sexual relationship that’s expect that with just the act of sex friendship and trust relationship first.

We’re old enough to know who is dating material and who is relationship material. Use that as the first criteria before becoming physically intimate. Because if a guy can date you without ever having to commit, he’ll keep you around. (Let’s not be thrown off course about this just because he brings you sprinkles cupcakes in the middle of the day, that’s what’s called ‘watering your garden’). So before you have sex with a guy, tell him up front what you are expecting from it. And be honest, mostly with yourself. Women are allowed to do what feels good, as long as they act dignified about it. When I speak of dignity, I’m speaking of honesty and maturity. This means removing desperation and expectations.

I have girlfriends who have casual sex and don’t catch feelings. Do you know why? They have other things going on in their lives. They have goals and dreams and deadlines, sex to them is just balancing out their physical needs. The problem that women seem to focus on with that idea is the concept of sluttiness. Being slutty is having sex for attention; because you are lacking in some area of your life and you want it to be fulfilled by some random person. Unfortunately, that momentary attention is not going to make all your other problems go away. Once your man is gone, you will still have to deal with yourself. On top of that, now you

just have another reason to feel bad about your actions and I am a huge advocator in doing things that make you feel good about yourself.

Angelina Jolie and Elizabeth Wurtzel are two women who fucked hundreds of men because they just wanted to get off. Their goals and self-worth don't lie in the hands of validating words or actions, lastly from their sex partner. Their validation came from giving themselves exactly what they wanted and moving on. As a person who has been through many learning/dating experiences, men actually respond better to a person who doesn't need them, but just wants them. Nobody wants the pressures of playing a roll they had no intention of fulfilling in the first place, ere go the delay in phone calls.

You only get what you're willing to take. If you don't want him to call you late at night and show up for an hour of alright sex, then don't let it happen to you. Sex needs to be disassociated with love if you do not already have a solid foundation to work from. Love is the ability to recognize what is good for yourself and others and to continually nurture that. You'll know when the right person comes along because they'll want to take you on a date, ask you questions about yourself and really know the quality of person you are. So until then, do what my girlfriends do – on his way out while you're slowly entering dreamland, don't forget to remind him to lock the door before it shuts!